

Haileybury Champions of the future



High Performance Programme

High Performance Programme

A new era for Haileybury sport

Sport plays a pivotal part in Haileybury life. We believe it is important for building confidence and resilience and developing teamwork and leadership skills. It also gives our young people the chance to learn more about themselves and others. It can be a great release too, helping pupils to return to their academic lessons working that bit harder and smarter.

We have top class sports facilities, which were showcased when we were chosen to be a Team Base for Argentina and the USA during the Rugby World Cup 2015. We also benefit from a team of highly experienced staff, which include specialist coaches who have played at an international level.

We want all of our pupils to take part in and enjoy sports, regardless of their experience or ability. That is why we have large numbers of teams in every age group for every sport.

As well as sport for all, we make sure that we provide our most talented sportspeople with the right support by inviting them to join the Haileybury High Performance Programme (HPP). Directed by former international rugby player Michael Owen, HPP is an individually tailored sporting development programme. Through it, we help our most gifted pupils to achieve their goals and maximise their potential, including competing at a regional or national level.

For more information about the Haileybury High Performance Programme please contact:
Mr Andy Searson, Director of Sport: a.searson@haileybury.com



“I am really passionate about the Haileybury High Performance Programme. We want the very best for our pupils and our individually tailored programme gives them the knowledge and understanding in how to progress in their chosen sport.”

Michael Owen, *Director of HPP and Rugby* (former Wales and British and Irish Lions Captain)

Jamie George *Rugby*

- Jamie came to Haileybury at the age of 11. He progressed through the national ranks after several successful years learning his trade in our youth XV's
- He was made a Haileybury College Prefect when he was in the Upper Sixth and also captained our XV for two years in 2007/8
- Jamie played for England U16, U18 and U20, where he appeared in the Junior World Cup Final against New Zealand in Tokyo in 2009
- He joined Saracens from Haileybury and has since gone on to make over 100 appearances for them
- In January 2014, he was selected for the England Saxons to play against Ireland and Scotland. He also played in the Champions Cup 2015 semi-final, and was voted into the Premiership Team of the Year
- Jamie scored a try during the Premiership final victory against Bath. He was then included in the Rugby World Cup 2015 squad, making his debut in a friendly against France in Paris before playing Uruguay in the tournament.
- He has been selected in Eddie Jones' first elite squad for 6 Nations 2016.



Sam Billings *Cricket*

- Sam arrived at Haileybury in Removes (Year 9). He was a College Prefect in Sixth Form and was Vice Captain of our XI before going on to captain Loughborough University's cricket team
- He is a keen keeper/batsman and made his professional breakthrough in 2014 scoring 136 off 65 balls in the quarter final of the Royal London Cup
- Sam was named Kent County Cricket Player of the Year at the end of the 2015 season, and went on the England Lions tour of South Africa during the winter of 2014/15
- In the summer of 2015 Sam made a great impact on the England One Day International and T20 side against New Zealand and Australia, as well as against Pakistan in autumn 2015.



Haileybury High Performance Programme (HPP)

About HPP

The programme has been designed to meet the aspirations of our most talented sportsmen and women. International honours were achieved last year by Lucy Price and Nick Page in hockey and Nick Isiekwe in rugby.

Our aim is to support pupils to maximise their potential and meet their personal goal of playing at their highest possible level. We invite pupils to join the programme who demonstrate a suitable playing pedigree and appropriate attitude to their personal sports development and to their schooling.

The programme focusses on our key sports of rugby, hockey, cricket, netball and lacrosse. However, other sports are considered at the discretion of the Director of HPP. Pupils can be invited to join at any stage of their school career from 13+. It is worth noting that the award of a sports scholarship at 11+ does not represent an automatic invitation at 13+.

Programme content

- Strength and conditioning session once a week, under the guidance of Michael Owen
- Technical skills session once a week, with a world class sporting specialist (turn to the next page for a list of our full time coaches)
- Close liaison, where appropriate, with the relevant governing body to make sure the programme marries up to an individual's goals and to national governing body or club recommendations
- Exclusive sportswear for all members
- Sports psychology sessions, media training, and lectures by inspirational speakers from the world of sport
- Sports specific enrichment excursions to gain exposure to top class sport and to sample life as a professional sportsperson (for example, meeting Susie Townsend at Bisham Abbey or Jamie George at Allianz Park).

HPP coaching staff



Darren Cheesman *Director of Hockey*

- A former England and GB international, Darren (*above*) missed the 2012 Olympics through injury but has continued to perform with Southgate, East Grinstead, Reading, and Dutch Premier League Champions Oranje Zwart
- Darren is a High Performance Coach and Coach Educator for the Federation of International Hockey
- He was the Saxon Tigers U18 coach in 2014/15, overseeing pupil Nick Page in the Futures Cup campaign, and is currently the U18 girls' coach, which includes our 1st team Captain Lucy Price
- At Haileybury, Darren coaches boys and girls of all ages and abilities and also works with prep schools.

Jackie Mizon *Netball Professional*

- Jackie (*below*) is an International Netball Federation Umpire who has officiated at 39 internationals worldwide to date, including the 2015 Netball World Cup in Sydney
- She is also a Netball Superleague umpire and is involved in England Netball Umpire Development
- Jackie is a United Kingdom Coaching Certificate Level 2 Netball Coach and has worked on the University of Hertfordshire's Netball Programme with local clubs in the county
- Jackie has been our 1st team head coach for several years. She works with all abilities at the College, often taking the development squad sessions of all age groups.



Michael Owen *Director of the High Performance Programme and Director of Rugby*

- Michael (*right*) has been at Haileybury since 2013. He previously represented Wales and gained 41 full international caps, including six as Captain
- He was also selected for the British and Irish Lions in 2005, captaining them twice
- A Six Nations (2005) and Welsh Cup winner, Michael has played for three professional clubs: Pontypridd, Newport Gwent Dragons and latterly Saracens
- At Haileybury, Michael coaches all our rugby sides from the U12 teams through to our XV. He looks after the Sevens programme in the Spring Term and also spends time visiting prep schools to share his expertise.





Linzi Burstein *Head of Lacrosse*

- Linzi (*right*) coaches every year group in lacrosse, from Lower School 1 (Year 7) up to our Sixth Formers
- She won the Athletic Director's Tri-Athlete Award and was a Four-Year Varsity Athlete in Lacrosse. She was also a major player in swimming and lacrosse at her former high school TC Williams in Virginia from 2006–2009
- She featured on the Northern Region Athletic Honor Roll Award 2006–09; 1st Team All District Award in Lacrosse 2008 and 2009; Most Valuable Player in Lacrosse 2008 and was Female Athlete of the Year at TCW 2009.

Daan Van Bunge *Director of Cricket*

- Daan played for Middlesex and made his full international debut for Holland in 2002 playing in the Champions Trophy in Sri Lanka
- He also played in three World Cups from 2003 to 2009 in South Africa, the West Indies and England
- He has played 37 One Day Internationals and 14 T20 internationals
- Daan coaches at Haileybury all year round and works with pupils of all ages and abilities. This includes using state of the art cricket coaching technology 'Pitch Vision'.





Vicky Hewett *Hockey*

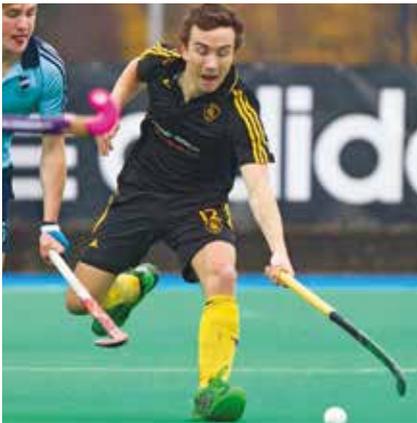
- Vicky started at Haileybury in Removes (Year 9). During her five years at the College she achieved top A Level results, was Head of House and captained our girls' 1st team.
- After leaving Haileybury she went to Australia, where she played for Hawthorn HC and was part of the Grand Final winning team.
- Vicky returned to the UK to Loughborough University and also played for their football 1st team.
- She now plays for Surbiton HC where she won the national 'double double', with victories in the National League as well as the Cup in consecutive years.
- Vicky played in the EuroHockey Champion Club Cup in 2015.

Old Haileyburian sports stars

A number of former pupils have continued their love of sport after leaving the College. Some Old Haileyburians have gone on to play professionally and others at the highest amateur levels. Over the next few pages you can find out a bit more about these passionate sports men and women.

Stuart Pilgrim *Hockey*

- Stuart (*below*) came to Haileybury in Removes (Year 9). He was Head of House in Thomason and played in an unbeaten Haileybury first team in his final year
- Stuart played National League (Premier Division) hockey while he was at Haileybury. He subsequently represented England U21 and England 'A' and won the GB Super League with Saxon Tigers
- He achieved excellent A Levels and also won a sports scholarship to Birmingham University
- He currently plays for England national champions Beeston HC, who play in the Euro Hockey League.



Antonio Infantino *Athletics*

- Antonio (*below*) started with us in Year 7 and we were able to support him through his GB training and specialised development.
- Alongside his remarkable rise in athletics, he did well in his A Levels and attended King's College London. He recently graduated in Philosophy
- He won his first senior medal at the Sainsbury's Indoor British Championships in 2015 and became the British Indoor 200m Champion
- He quickly followed this up with a new personal best of 20.96 seconds when he won the 200m in the British Championships.

Christian Scales *Football*

- Christian (*above*) came to Haileybury in Year 7 and developed into a star sportsman in every discipline, gracing hockey, cricket, rugby and football teams
- Since leaving the College, he has been in great form on the football field. He played briefly for Norwich City before being awarded his first professional contract with Crystal Palace, where he is one of only three left backs in the senior squad.



Matt Hankin *Rugby*

- Matt Hankin (*below*) also came to the College at Sixth Form and is a former England U20 flanker. He won the LV= Breakthrough Player of 2014/15 award and also won the LV= Cup. Matt went on to be selected for The Barbarians.



Tom Billings *Rackets*

- Tom (*below*) spent seven years at Haileybury, joining us in Lower School 1 (Year 7). He was an excellent all round sportsman, featuring in both our hockey and cricket 1st teams for three years
- He was a prolific winner at rackets at the College and featured prominently in the Foster Cup
- Since leaving Haileybury, Tom has maintained a superb rackets career including being ranked third in the world. In 2015 he won the Canadian Open and beat the top seed in doing so.



Biyi Alo *Rugby*

- Biyi Alo (*below*) arrived at Haileybury in the Sixth Form. By the time he had left, he had been awarded a Saracens contract and went on to win the LV= Cup with the rest of his team.



Nick Page *Hockey*

- Nick (*above*) spent his Sixth Form years at Haileybury. While he was with us he not only represented our 1st team but also played for Southgate HC when they were in the Premier League
- Nick broke through from the Saxon Tigers to playing for the full England U18 side
- He won a scholarship to play hockey with Loughborough University's 1st team. Just weeks after leaving Haileybury he had been selected for the England Development Squad as one of 35 players destined to play in the England U21 team.

Specialist sports

Chris Wyles *Rugby*

- Chris (*below*) started at Haileybury in Removes (Year 9) and went on to captain our XV
- Now a Saracens stalwart, he has played in the Champions Cup and Premiership
- Chris was the USA Eagles Captain for the Rugby World Cup 2015 and found himself in a home from home as the US side trained for the tournament at Haileybury
- He scored the winning try in the Aviva Premiership Final at Twickenham in May 2014, having been given a pass by his fellow Old Haileyburian Jamie George.



We are able to provide expert one to one coaching and advice for pupils in our focus sports. As well as this, we can offer support in and out of school for our pupils whose talents lie in more specialist sporting areas.



Photo courtesy Red Bull Racing

Callum Illott *Motor racing*

- Callum (left) started at Haileybury in 2012 and is currently in our Sixth Form. He has a busy and exciting schedule and we are able to offer him flexibility as well as pastoral and academic support
- Callum already has several National Karting Championships to his name, along with a World Crown too
- After doing well in his GCSE exams, he went on to achieve a podium position at Nurburgring racing for Red Bull in Formula 3
- This season he is set to race in the FIA European F3 Championship season with Dutch outfit Van Amersfoort Racing (VAR).



Rhiannon Massey *Sailing*

- Rhiannon attended Haileybury for seven years, starting in our Lower School. She kept an excellent academic record and simultaneously rose through the GB sailing ranks
- We were able to support her need for flexibility and in her Upper Sixth year she was selected for the Great Britain Junior Sailing Team
- The day before she was due to go to Swansea University to study Geography, she heard that she had been selected for the Royal Yachting Association Podium Potential Programme in preparation for the Rio Olympics in 2016. She deferred her place at university for a year and recently competed in the ISAF World Championships.

Sports scholarships

Scholarships are available to prospective pupils, with entry to Haileybury possible at a variety of ages. Every sports scholar is invited to join the Haileybury High Performance Programme.

Scholarships come in the form of reduced fees and the amount offered will depend on the sporting calibre and attitude of the applicant. Scholarships are awarded for rugby, hockey, cricket, netball, lacrosse, rackets, football, athletics and tennis.

Excellence of performance and athleticism, potential for leadership and a first class attitude are essential requirements to receive a scholarship.

The schedule of the scholarship application day can be subject to change and differs slightly depending on the age of the applicant, but typically includes the following:

- Fitness testing
- Showcase training session in your choice of sport(s)
- Interview with the Director of Sport
- A short presentation on your personal sporting history and background
- A tour of the school and facilities by our current England U18 pupils
- Leading a short training session for younger pupils in a sport of your choice (16+ only)

Haileybury scholars are expected to be active and positive contributors to the College's sporting life throughout the year, setting an impeccable example on and off the field of play.

For more information, please contact our Director of Sport Andy Searson: a.searson@haileybury.com



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