



Pastoral Support for Staff and Families Wellbeing Weekly

Friday 8 May 2020

Dear all,

Well done and Thank you: Lots of positive feedback has been received from parents and pupils for the Connected School, well done and thank you to all the staff that has made this so successful.



Sarah Webb, Quizmaster extraordinaire, has been working with Macmillan Cancer Support on their new [Games Night In](#) fundraising campaign. There are lots of fun ideas so do check out their website.

Staff Bake Off: Are you a keen baker? Sarah Eastlake has shared her Lime and Coconut Drizzle Cake recipe, looks delicious, picture attached – follow the link below and try it! Please send in any recipes you would like to share with pictures to Carol Bartlett. [Lime & Coconut Drizzle Cake Recipe.docx](#)

Special Birthday? If you or another member of staff have had a special birthday during lockdown, let us know so we can all send best wishes. Check out the picture of this week's birthday boy!

Q&A with Jamie George

If you missed the Q&A with Jamie George (OH) you can hear about his life in rugby – from growing up at Haileybury and playing for Hertford RFC, to representing Saracens, England and the British Lions – by clicking [HERE](#): Password: 8y^22Q1*

Culture Vulture - This week:

- **National Theatre:**
 - Watch [Frankenstein](#) at the National Theatre – Academy Award winner Danny Boyle directs Benedict Cumberbatch, Jonny Lee Miller and Naomie Harris. Benedict and Jonny alternated the roles of Dr Frankenstein and his monster in this production and you can see both versions online.
- **Shakespeare:** From The RSC, The Globe and the Royal Opera House through [BBC iPlayer](#)
 - Enjoy Hamlet, Macbeth, Romeo & Juliet - and the Royal Ballet's Romeo and Juliet: Beyond Words, Much Ado, A Midsummer Night's Dream, The Merchant of Venice and The Tempest.
- **West End Musicals?** - [#TheShowsMustGoOn](#) - Every Friday at 7.00 pm a different West End Musical will be made available to view for 48 hours.

And, of course.... **Michael's 2.5 km time trial run** - see [Wellbeing Weekly \(5\)](#) for the "T&Cs".

Mental Health Awareness Week runs from Monday 18 - Friday 22 May and to launch it the School is planning a Wellbeing Morning on Friday 15 May. Teachers will be running a special timetable and connected activities with the pupils. A good time to remember we should all be enjoying some down time.

Thank you, and have a very good week.

Laura [@Hbury_Wellbeing](#)