



What do I do when I'm stuck?

Getting stuck is never fun. When you're struggling with a task in school you will often have your teacher or peers to ask for help. But when you're working from home in our Connected Learning school you may find it difficult to find a solution. Here are some tips and questions you can ask when it seems like all hope is lost...

BEGINNING A TASK

- Have I read the **instructions** for this task and watched any accompanying videos?
 - Have I asked my teachers or peers for any **clarifications** on instructions I don't understand?
- Have I made a **plan for the task**, thinking about how I could approach it in different ways?
 - Can I **restate what the problem is** in my own words?
- Have I circled, underlined or **highlighted** the important information?
- Is this **similar to a previous task** – what went well when I did it before?

QUESTIONS TO CONSIDER

- If I were to ask my **teacher** for advice – what would they say?
- If one of my **friends** were to attempt this task – what would they do?
- Have I considered **more than one outcome**?
- What is **the first step** I can take to get unstuck?
 - Can I display my ideas in a **different format** such as a table or chart?
 - Can I **make a guess** and then check my work afterwards?
 - What is my **end goal**?
 - can I start there and work backwards?

READING TASKS

- **What do I know** already about this topic?
- What am I am **expected to learn** from this task?
 - What ideas are **the most important**?

WRITING TASKS

- What is the **purpose** of this writing?
- How should I put my ideas in **the best order**?
- How clear am I in **expressing** my ideas?

PROBLEM-SOLVING

- What do I have to **find out**?
- Have I ever solved a problem like this **before** – what techniques did I use?
- Have I checked through my work for **mistakes**?
- How can I make sure I **remember the techniques** I've been using for future tasks?

GENERAL ADVICE

- Could you **Zoom call** a peer in your class and discuss the class with them?
 - Do the **difficult tasks first** to remove the hardest obstacles
- Take **regular breaks** and walk around the house.

WHAT SHOULD I DO IF I TRY ALL OF THAT AND I AM STILL STUCK?

Leave that part of the task for now and arrange to **contact your teacher** during a workshop slot.