



Pastoral Support for Staff and Families Wellbeing Weekly (6)

Tuesday 21 April 2020

Dear all,

I hope that the Connected School has started well for you, and that you have enjoyed being reconnected with your classes. I hope too that you and your families remain safe and well as we enter another few weeks of lockdown.

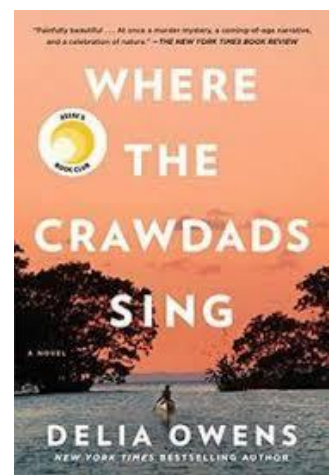
I have altered Wellbeing Weekly to come out on Tuesdays to coincide with the Common Room Briefing. Each week, the document link will be circulated in the minutes, and then the bulletin will be available on the Staff Section of the Wellbeing Platform. I hope that this will make it easier to find this document, and the links herein, when you wish to refer back to it. I will also use this to update you on any Safeguarding and Wellbeing matters; although the focus remains on providing support (and hopefully some light relief) for staff and families. Please read through to the new "just for fun" section at the end...

Safeguarding and Online Safety Training Update:

- A reminder that safeguarding remains the responsibility of all members of staff, and we all continue to have a duty to protect the pupils in our care, even if they are remote. If you are at all concerned about the behaviour or presentation of a pupil, at any time, please report this through to the Child Protection Team, via CPOMS. Remember, too, that anyone can make a referral straight through to Children's Services.
- Please continue to use CPOMS to update on any concerns or changes in behaviour so that we can monitor patterns.
- We need to be especially alert to online safety, bullying and abuse at this time. Thank you to all of you who have completed the [National Online Safety](#) training that Craig has sent round. There are some very useful resources on the site, so do take a look.

A few reminders for the week ahead:

- **A Virtual Common Room:**
 - The Common Room is "open" for the Half each day, please do drop in for a cup of coffee (BYO), and chat. **11.00 - 11.25 each day: at**
 - <https://haileyburyuk.zoom.us/j/2081918708>
 - Remember that Thursday is cake day!
- **Quiz Night #5 - Tuesday 21 April - 8.00 pm. Zoom. TONIGHT**
 - Link for the Quiz: <https://haileyburyuk.zoom.us/j/2081918708>
 - A reminder of Sarah Webb's fundraising page: <https://www.justgiving.com/fundraising/mammothquiz>
- **Book Club:** Next book: "Where The Crawdads Sing" by Delia Owens.
 - Next Meeting: **8pm on Thursday 7 May**





- Here is the [link to ordering the paperback](#):
- and a [link to ordering the kindle](#) version:
- Let [Sandy](#) know if you are interested in joining the book club for a glass of wine, and discussion

Culture Vulture:

- **National Theatre:**
 - Watch [Treasure Island at the National Theatre](#) - available until Thursday 23rd April
 - From Thursday 23 - 30 April it's [Twelfth Night](#) - Make a date with Shakespeare's whirlwind comedy of mistaken identity, featuring Tamsin Greig as a transformed Malvolia.
- **West End Musicals? - #TheShowsMustGoOn** - Every Friday at 7.00 pm a different West End Musical will be made available to view for 48 hours.

Pupil news:

Tom Major, BFr L6, is in training for his first half marathon and is raising money for NHS Charities Together - if you would like to sponsor Tom please go to: <https://www.justgiving.com/fundraising/tom-major1>



Looking after your Mental Health

- Please remember that there is support available to you from the [School Counsellor](#) and [Chaplain](#), as well as support through our Health Insurance and the Lifeworks programme; and through the [Hailey View Wellbeing Centre Resources](#).
- Please ask for support as and when you need it - and remember that these are not normal times for any of us.

Health Centre – Repeat Prescriptions

- For those of you who are registered at the School's Health Centre Practice please be reminded that you can order [Repeat Prescriptions online](#) through Hailey View Surgery.

And just for fun....

Angus and his team have done an amazing job with the Co-Curricular offer of the Connected School, but we can't let the pupils have all the fun...

- **Staff Bake Off:** Are you a keen baker? Have you perfected the ultimate sourdough loaf (Ben S?), or the best brownie (Cecile R?)... Now's the time to hone your skills. We will be holding a staff baking competition, judged remotely and mostly on looks, with photograph entries required.

Parameters:

- Bake something "for" a colleague (but you will eat it yourself)
- Funniest / Best photo wins
- Entries to [Amy Sparrow](#) please

Here's one I made earlier...

- **Staff Photo Competition:** Share how you are adapting to life in lockdown; social distancing; and the world of zoom (which in the good old days was just an ice lolly!) ... prizes for the most imaginative!



(Lockdown Loo Roll Victoria Sponge, birthday cake - 16 April 2020)

Laura

[@Hbury_Wellbeing](#)