

PHSE at Haileybury

Aims of the PHSE programme

The values and ethos of Haileybury are central to the Personal, Health and Social Education (PHSE) programme. In the school's ethos statement, the following aims are set down:

- to provide a spiritual, ethical and intellectual framework within which fundamental issues are explored and informed choices made
- to nourish a respect for individuals of all ages
- to encourage a willingness to help others
- to foster excellence in scholarship and academic studies
- to be fundamentally a happy and purposeful school
- to offer an experience rich in variety, challenge and reward

PHSE at Haileybury also reflects the five outcomes of the Every Child Matters Agenda. In this, pupils will develop values, attitudes, knowledge, skills and understanding in order to meet the Government's aims for every child, regardless of background or circumstance, which are: to be healthy; stay safe; enjoy and achieve; make a positive contribution; and achieve economic well-being.

Additionally the PHSE programme at Haileybury has the following emphases:

- To support and develop the self-esteem of all pupils
- To encourage care and respect and responsibility towards others
- To impart knowledge, develop skills and explore values regarding the physical, sexual, moral, social and vocational self
- To develop skills for building personal relationships
- To recognise the worth of pupils' own and others' achievements
- To enable pupils to take increasing responsibility for their own learning and behaviour

PHSE at Haileybury is delivered in discrete lessons and through many other means as listed below the outline scheme of work.

As a boarding school, Haileybury is advantageously placed to provide opportunities to assist with the personal, social and health related education of the pupils.

Overview of the PHSE programme

Year Group	Autumn Term	Spring Term	Summer Term
Lower School 1	<ul style="list-style-type: none"> • Living in a Community • Friendship • Bullying • Study Skills • Taking Care of your body 	<ul style="list-style-type: none"> • Puberty • Drugs Education 	<ul style="list-style-type: none"> • Democracy • Human Rights Act • The justice system
Lower School 2	<ul style="list-style-type: none"> • How to stay safe • Self Esteem • Self Harm • Healthy Eating • Eating disorders • How to manage stress 	<ul style="list-style-type: none"> • Personal Relationships and sex education • Drugs Education 	<ul style="list-style-type: none"> • Parliament • Research into the different political parties • The European Union
Removes	<ul style="list-style-type: none"> • Drugs Education • Testicular and Breast Cancer • Study skills 	<ul style="list-style-type: none"> • Transport • Marriage and divorce • Finance education-banking 	<ul style="list-style-type: none"> • Careers education including writing a CV • Friendships
Middles	<ul style="list-style-type: none"> • Health and Lifestyle including looking at Depression • Drugs Education • Sex Education including Contraception and Sexually transmitted diseases. 	<ul style="list-style-type: none"> • Pregnancy and Abortion • Genetic screening • Euthanasia • Celebrities and fame • Finance education including looking at tax and mortgages 	<ul style="list-style-type: none"> • Finance education continued. • Animal testing and rights • Research project
Fifths (programme works on rotation sample group timetable)	<ul style="list-style-type: none"> • Living a healthy and balanced lifestyle and the consequences of not doing so • The ethics of terrorism- A close look at recent terrorist attacks and how national governments can respond to terrorist action • Careers Education 	<ul style="list-style-type: none"> • Economics of smoking and drinking • Introduction to Middle East Politics and concept of Jihad 	STUDY LEAVE

Almost every aspect of life at Haileybury - be it formal lessons, discussion of a report with a tutor, rehearsing a play, relaxation time in-house or activity on the sports fields - involves the development of a pupil's moral, social and personal sensibilities. The following list, which is by no means complete, indicates areas of PHSE currently addressed outside the formal programme at Haileybury:

- Chapel – Pupils attend a service in Chapel on four days of the week in addition to the early evening Sunday and non-exeat services. These services provide opportunities for the pupils to lead the act of worship as well as to receive moral and spiritual messages as members of the congregation. The school's resident Chaplain provides a contact point for pupils who require assistance or guidance and can be contacted when needed.
- The Health Centre – Both the resident doctor and his wife, who is the Practice Manager, and the nursing team support the delivery of PHSE and provide services and advice for those that require them. The Health Centre is open 24 hours per day, seven days a week in term time.
- School Counsellor – The Counsellor is available on Thursdays and can be booked by anonymous appointment to listen to pupils, to meet parents and to provide advice and guidance about accessing further services.
- Peer Support – The school Chaplain is responsible for training and overseeing the Peer Support programme at Haileybury which can be used by any pupil when the need arises. Peer supporters can be recognised by their badges and are particularly advertised within Houses.
- C.C.F. and Duke of Edinburgh Award Scheme – these activities offer a range of experiences including First Aid, Navigation, Outdoor Education, Community Service, Sailing and Flying, all of which encourage pupils to be self-reliant, confident and adventurous. Senior cadets in the C.C.F. are encouraged to develop their leadership and communication skills.
- Community Service – activities such as visiting elderly people, helping with riding for the disabled, assisting at local primary schools and recycling, help foster in pupils an awareness of the needs of others and of the obligation to help those less fortunate than themselves.
- Field Days – Those not in Duke of Edinburgh or C.C.F. have the opportunity for cultural enrichment through visits to sites, galleries, museums etc
- M.U.N. – gives pupils a greater awareness of current affairs and encourages initiative, teamwork and confidence. Pupils are given the opportunity to debate current issues with other pupils from around the world.
- Music, Societies, Games and Drama activities at Haileybury offer a vast scope for personal development in a myriad of ways. Among these are teamwork, commitment to a common cause, leadership and self discipline. Pupils learn to deal with both success and failure through these activities.
- The Charities Committee in particular supports the objectives of the PHSE department. Pupils on this committee select the school's three nominated charities each year and then work to raise funds for them.
- Careers – the Careers advisor and the Universities advisor in conjunction with Housemasters and Housemistresses (HMs), tutorial staff and HOD's

offer pupils advice and assistance with careers and study options, helping the boys and girls to learn to make sensible and responsible choices about their future.

- The prefect system at Haileybury provides opportunities for the development of leadership skills in the pupils of the Year 13 group. These prefects are chosen as the result of an application process and a trial period as acting prefects in the first half of the summer term. Two training sessions, one in the summer term and one early in the autumn term assist with the process. Regular prefect meetings give further opportunities for discussion of school related issues.

PHSE at Haileybury is further enhanced by a programme of visiting speakers on a variety of topics. Parents are welcome to many of these lectures.

Last reviewed: May 2011